



230 Vernon Avenue, Arroyo Grande, CA 93420
805.489.2687 ♦ Fax 805.489.2704 ♦ www.vvaaonline.org

**Public Health Guidelines for Valley View Adventist Academy
Re opening Waiver for K-10
2020-2021 School Year – Updated 10-21-2020**

Staff: Daily self-health screening - Temperature evening and morning prior to coming to work. Then check again at arrival.

- Office staff: Utilize sneeze guard at front desk.
- Virtual work options include the use of ZOOM and Google Classroom instruction.
- Staff to staff interactions will continue to include appropriate social distancing, use of PPEs, and electronic communication as needed.
- All grade reopening includes recommendations for serial testing of all school staff, not just teachers: 25% of staff get tested every two weeks so that 100% staff are tested every two months. This frequency may change depending on local epidemiological data.

Masks/Face Coverings: Face coverings are required for staff, parents, students above 2nd grade, and any on-campus visitors.

- Follow mandated guidelines: Staff will wear their masks when dealing with public and on campus.
- All students will require a cloth face covering to attend school unless they are medically exempt.
- Anyone (includes all students, staff, visitors, etc.) that is medically exempt will be allowed to wear a face shield instead of a cloth face cover.
- Children under the age of 2 should not wear a face covering.
- School will consider distance learning for student who cannot, for medical reasons, wear a face covering.
- School will have masks available in the office in case a student or staff member forgets their own.
- If a student will not wear a face covering their parent will be notified and asked to pick up their student and take them home.
- Medical or psychological exemptions from wearing a mask/face covering are rare. See [CDPH guidance on Face Coverings](#) for persons exempted from wearing a face covering.
- Exemptions from masks/face coverings will require a doctor's note. The note should not disclose the person's health condition but should indicate that wearing a face covering could be harmful to the individual's health or mental wellbeing.
- Persons exempted from wearing a face covering due to a medical condition should wear a non-restrictive alternative, such as a face shield with a drape on the bottom edge, as long as their condition permits it.



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Parents/Students Drop off: Wellness check and temperature verification upon arrival.

- **The wellness check** involves the following from the Public Health Department student health screening template.

1. Does your child have any of the following symptoms?

- Temperature of 100.4 degrees Fahrenheit or higher when taken by mouth
- Sore throat
- New uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline)
- Diarrhea, vomiting, or abdominal pain
- New onset of severe headache, especially with a fever

If you answered YES to any of these, then your child cannot come to school today. Your child should be tested for COVID-19 or evaluated by their health care provider.

2. Has your child had close contact (within 6 feet for at least 15 minutes) with a person with confirmed COVID-19?

3. In the last 14 days, has your child participated in a high-risk activity or high-risk travel?

Examples of high-risk activities or high-risk travel include:

- Going to a large gathering (with 50 or more people) like a wedding, funeral, or party.
- Attending a mass gathering like a sporting event, concert, or parade.
- Being in a crowded airport, bus or train station.
- Traveling on a cruise ship or river boat.

If you answered YES to #2 or #3, then your child cannot come to school today. Your child will need to quarantine at home for 14 days from the date of the high-risk activity or travel, or from the last contact with the person who tested positive for COVID-19 (or the last day of their isolation, if contact is ongoing). During this time, monitor your child for symptoms of COVID-19.

- If daily health screening determines a student or employee has symptoms suggestive of COVID-19, they must stay at home. If student or employee is already at school, they will be sent home. (Students will be isolated in a designated area until pick-up.)
- Parents and students will stay in the car while student temperature is checked with a touchless thermometer.
- Staff will record temperatures for students to help support for possible contact tracing and will ask how everyone in the household is feeling on that day.



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- Students with a COVID-19 fever of 100.4 and above will return home
- Spacing markers will be placed at 6 ft intervals
- No school transport services will be used until further notice
- Hand sanitizer/Soap dispensers available
- Limit those dropping off and picking up to the same people daily
- Staff take students to restroom and classroom

Parent/Student Pick Up: Upon the parents' arrival we will communicate to your student's teacher and your child will walk up to the drop off/ pick up area.

Classrooms-Inside/Outside:

- Students' desks set up for practicing distancing, facing one direction
- Students stay in same seat each class meeting
- Limit 14 students per classroom
- Student will stay in the same classrooms and limit any cohorts where practicable
- Lunch times will be staggered to avoid any other cohorts
- Only one classroom group at a time for recess-surfaces/play structures will be sanitized after every use
- Face coverings may be removed when outdoors if maintaining 6 ft distance from others and participating in a structured outdoor classroom, or permissible youth sports.
- Face coverings may NOT be removed during recess or other unstructured outdoor time.
- Only minimal supplies, such as pen and paper, allowed in the classroom
- Ventilation will be maximized but opening windows for air flow
- Each class will have an air purifier
- Teachers will be encouraged to make use of outdoor campus open spaces for class time.
- Distancing in non-classroom spaces will be monitored and maximized such as the soccer field, lunch courtyard, playground and will be used for outdoor structured class activities. The gym will be used as a non-classroom space if the weather is unfavorable.

Sports and Extra-Curricular Activities: Outdoor and indoor sporting events, assemblies, and other activities that require close contact or that would promote congregating are not permitted at this time until further notice.

P.E.: Youth sports and PE are allowed if they follow [CDPH Guidance, section 6.](#)

- Physical distancing will be practiced and will be outside when weather permits while in cohorts.



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- Equipment sharing will be avoided, and if unavoidable, cleaned and disinfected between use of shared equipment by different people to reduce the risk of COVID-19 spread.
- Conditioning and training should focus on individual skill-building such as running drills and body weight resistance training outside, where practicable.

Music/Choir:

- Music and choir may now take place outdoors with physical distancing of at least 6’.
- Singers should not face each other.

Bell Choir:

- Students will practice bells with adequate spacing.
- Students will avoid equipment sharing and if unavoidable, clean and disinfect shared equipment between use by different people to reduce the risk of COVID-19 spread.

Handwashing/Sanitizer to be used:

- School/classroom entry and before going home using touchless soap dispensers
- Anytime leaving class and re-entering
- Every transition as much as practicable
- Between activities in classroom
- Hand sanitizer will be available in classrooms and office area

Daily Cleaning Schedule: All surfaces, throughout the school, are cleaned and disinfected daily at the end of the day by trained staff.

- Wash all toys/manipulatives daily and disinfect-leave to dry after each use
- All other activities, computers, etc. – disinfected daily and as needed during the day
- Sanitizing spray will be used and available in each classroom for the staff
- Students will wash their hands frequently throughout the day when entering and exiting the classroom
- Frequently touched surfaces such as door handles, light switches, sink handles, tables, students’ desks, and chairs will be cleaned throughout the day or as needed.
- Cleaning and disinfection of shared items after each use
- When school transportation will be in use there will be a daily cleaning of the vehicle used

Restrooms: Cleaned and disinfected daily after school

- Spray down following each class use
- Classes will have scheduled times to avoid crossing cohorts
- Students will wash hands after each bathroom use
- (Cleaning Protocols throughout waiver)



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Lunch: Staggered times for lunch when eating outside

- Face coverings may be removed during meals and snacks while maintaining 6 ft distance from others.
- Students can eat in their own classroom when weather does not permit eating outside
- Students are to bring lunch with disposable paper bags and reusable bottles
- Lunch area will be cleaned and disinfected every day
- Students will be assigned different sections to eat
- There will be no Hot lunch/Kitchen services until further notice

Sports and Extra-Curricular Activities: None available at this time.

What's expected from parents:

- Daily temperature taken at home prior to arrival at school
- If any student has any cold or flu symptoms not limited to runny nose, sore throat not attributed to another condition, cough, shortness of breath, congestion, COVID-19 fever (100.4 and above), muscle aches not attributed to another condition, we ask they keep their student at home.
- Immediate family members only are allowed for drop off and pick up long enough for a wellness check. Student will stay in the car until after wellness check. In case of a fever, the student will return home.
- **The wellness check:** Find the specific information on page 2 of this document.
- If daily health screening determines a student or employee has symptoms suggestive of COVID-19, they must stay at home. If student or employee is already at school, they will be sent home. (Students will be isolated in a designated area until pick-up.)
- Families notify the school of any family member that has been exposed to COVID-19 or has been diagnosed with COVID-19, and then quarantined for 14 days or as advised by their health provider (confidentiality will, of course, be provided).
- Parents should prepare back up care for students if closure is required by the state, county health department, or concern for our community health and safety, or upon extended teacher illness.

COVID Symptoms/Contact/Diagnosis: If a student, staff member or teacher has symptoms for COVID-19 or is diagnosed with COVID-19 this process will follow:

Symptoms: Staff or student will be sent home as soon as possible

- The student will be sent to the principal's office which is the isolation room until student is picked up by parent or to a healthcare facility as soon as practicable.
- Isolation area will be cleaned and disinfected as soon as practicable.
- Student or staff tested immediately



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- Parents and staff should contact their health care provider for testing or go to ReadySLO.org for the current list of testing sites.
- School and classroom will remain open

Close contact with a confirmed COVID-19 case

- Staff or student will be sent home
- Quarantine for 14 days from exposure
- School/Classroom remain open
- School community notification of known contact considered via email

Confirmed COVID-19 Positive Case

- Local health department will be notified immediately and school will provide contact information of all exposed students and staff. School will provide any screening information to the local health department to help with tracing.
- Sick students or staff members who test positive for COVID-19 or who do not get tested must not return to campus until they have met CDC criteria to discontinue home isolation, including 24 hours with no fever (without using fever-reducing medicine), symptoms have improved, and it has been at least 10 days from symptoms first appeared.
- Identify contacts, quarantine and exclude exposed contacts for 14 days after the last date the case was present at school while infectious
- Recommend testing contacts
- Disinfection/cleaning of classroom and primary spaces where case spent significant time
- School remains open
- School community notification of known contact via email

Test negative after symptoms:

May not return to campus until symptoms have significantly improved and no fever for 24 hours without using fever-reducing medicine.

- School/classroom remain open
- School community notification if prior awareness of testing via email

The Principal will be the contact for the local health department to contact about COVID-19 cases.

Training Staff and Educating Families: Staff will be trained and educational information will be provided to families before the reopening of school for the following:

- Enhanced sanitation practices
- Physical distancing guidelines and their importance
- Use of face coverings



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- Screening practices
- How COVID-19 is spread, preventing the spread if you are sick, specific symptom identification, when to seek medical attention
- Signs will be posted in classrooms and throughout campus
- All policies and procedures will be discussed in an online orientation (Zoom) prior to school starting. Policies and procedures will also be emailed for parent education.
- School may provide refresher or additional training as needed throughout the school year.
- Staff will be trained in safe and appropriate cleaning and disinfection application using products approved by EPA for use against COVID-19 and must wear appropriate PPE.

Distance Learning: In the event that the school is unable to have face to face instruction the school will transition to distance learning.

School closure may be appropriate when there are multiple cases in multiple cohorts at a school or when at least 5 percent of the total number of teachers, students, and staff are cases within a 14-day period, depending on the size and physical layout of the campus.

The Local Health Officer may also determine school closure is warranted for other reasons such as results from public health investigation or other local epidemiological data.

School Reopen: A school may reopen after:

- 14 days have passed
- Cleaning and disinfection
- Public health investigation
- Consultation with the local public health department

Flu Vaccination-The school will encourage seasonal flu vaccination in the fall among staff, students, and families and will support public health efforts by giving information about effectiveness and availability of the flu vaccination.

Communication from the Superintendent: The superintendent and administration will be in contact about communication between students, staff and parents dealing with cases and exposures at the school, consistent with privacy requirements such as FERPA and HIPAA through email and/or phone calls.

Local Testing Locations:

Contact Your Local Health Provider or go to ReadySLO.org.